



YOU ARE OUR

# Community



SUNDAY, JUNE 6, 2010  
COLUMBUS PARK, STAMFORD, CT

YOU ARE OUR

# Hope in Motion

YOUR SUPPORT MAKES A DIFFERENCE!

On Sunday, June 6, 2010, National Cancer Survivor's Day, our community will gather in the heart of Stamford Downtown. 100% of the donations raised by Hope in Motion support the Bennett Cancer Center. In our 14 year history, you have helped to raise over \$7 million for your community cancer center.

**"I love participating in the Bennett Cancer Center's Hope in Motion Walk! I have been helping out with the walk for as long as I can remember; I am now 16-years-old and still participating. This Walk means a lot to me because I know too many people that have been affected by cancer. Through raising money and walking I feel that I am doing my part in contributing to finding a cure for cancer. The Walk has become a big part of my life and I can't imagine not participating in it."**

*Katie Manfredo*  
15-YEAR PARTICIPANT/VOLUNTEER

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# Inspiration

VIEW MORE STORIES & POST YOUR OWN ONLINE!



**"I have been cancer free for 10 years now! In addition to the marvelous care given by the medical staff, the Bennett Cancer Center is able to provide us with yoga, tai chi, massage, music therapy, emotional support and a fitness program. These integrative modalities are so important to the well being of the patient."**

*Susan Weiss*  
BREAST CANCER SURVIVOR



**"All the programs—each one better than the next—were an unbelievable experience. Everyone became part of my family. It was great to find people there that would sit and talk; they gave me so much support and encouragement. All the people that I met make me want to continue to volunteer and give back."**

*Ted Sierapina*  
TESTICULAR CANCER SURVIVOR

REGISTER OR DONATE ONLINE AT [WWW.HOPE-IN-MOTION.ORG](http://WWW.HOPE-IN-MOTION.ORG)

2010 marks a special milestone—the 15th anniversary of what started as The Walk and has now grown to be a walk, run, and ride known as Hope in Motion—Fairfield County's longest running and largest participatory charitable event.

We come together as a community to make a difference in the lives of those affected by cancer—our family members, our friends, our neighbors, and our colleagues. Your support of the Bennett Cancer Center matters to its patients, their families, the deeply committed staff, and its programs and services.

- Integrative Medicine – Massage, Reiki, Reflexology, Yoga & Tai Chi
- Individual & Family Counseling
- Support Groups
- Clinical Trials & Cancer Research
- Exercise & Nutrition Programs
- Familial Colorectal Cancer Registry
- *Transitions: Choices in Recovery*
- Patient Grants
- Nurse Navigation Programs
- Patient Transportation
- Genetic Counseling

Thank you! Your support makes such a BIG difference for our patients!

*Nick Risom*  
EVENT CHAIRMAN

*Liz Manfredo*  
DIRECTOR, BENNETT CANCER CENTER

**"I remember walking over the hill at the starting point and being in awe at the amount of people, all wearing the same color T-shirts, and all there to help cancer patients like myself. Throughout the day we met all kinds of people from all walks of life, all with a positive attitude and a goal that some day we will find the cure. Last year, my team grew to 60 members, including family that flies up from Florida and drives down from Hartford just to attend."**

**I believe if more people attended just one Hope in Motion event they would definitely want to be a life-long participant."**

*Joe Toma*  
13-YEAR SURVIVOR/  
PARTICIPANT

