

## RULES OF THE ROAD

- 1) THINK SAFETY FIRST
  - 2) FAST RIDERS PLEASE PASS ON RIGHT, SLOWER RIDERS STAY TO THE LEFT.
  - 3) EXIT AND ENTER TRACK ON FRONT SIDE ONLY, DO NOT EXIT OR ENTER THE TRACK ON THE BACKSTRETCH
  - 4) HELMETS MUST BE WORN WHEN RIDING ON THE TRACK
  - 5) EACH TEAM MEMBER SHOULD HAVE A TEAM COLORED WRIST BRACELET. TEAM MEMBERS CHANGE RIDERS IN YOUR TRANSITION LANE ONLY. TRANSITION AFTER THE EXIT LANE TO AVOID COLLISIONS WITH THOSE ENTERING OR EXITING THE TRACK.
- TEAM RIDERS MUST RIDE FOR THEIR DESIGNATED TEAM ONLY.
- 6) FRONT AND REAR LIGHTS MUST USED AND OPERABLE FOR EVENING RIDING.
  - 7) PER SIA, THERE ARE TO BE NO OPEN FLAMES AT CAMPSITES.
  - 8) BE COURTEOUS TO SLOWER RIDERS, THERE WILL BE A SPECIAL CASA BIKE ON THE TRACK THAT WILL BE USING THE FAR OUTSIDE LANE. PLEASE KEEP AN EYE OUT, AND OFFER YOUR WORDS OF SUPPORT.
  - 9) WE WILL RIDE IN RAIN, IF LIGHNING PLEASE EXIT TRACK, GO TO YOUR CAMPSITE AND AWAIT INSTRUCTIONS. SIA EMERGENCY NUMBERS ARE LISTED IN YOUR PACKETS.
  - 10) PLEASE KEEP YOUR HEAD UP AND STAY AWARE OF OTHER RIDERS.
  - 11) TAKE CARE OF YOUR TEAMMATES. IF YOU HAVE A RIDER ON THE TRACK DURING OUR DESIGNATED MEAL TIMES, PLEASE MAKE ARRANGEMENTS WITH US TO ENSURE THEY GET A FULL PLATE OF FOOD WHEN EXITING THE TRACK.
  - 12) HAVE FUN!