



**Award Helpers for Eco Trek 2009: Live Healthy, Go Green**  
**October 3, 2009 at Lake Rickabear Outdoor Program Center**

<b>Station Activities</b>	<b>Daisy</b>	<b>Brownie</b>	<b>Junior</b>	<b>IPA</b>
Paper Making	Green Petal	Science Wonder		Paper Works
Water Preservation and Conservation	Green, Rose, Orange Petal	Water Everywhere	Environmental Health; Water Fun; Your Outdoor Surroundings	Eco Action
Endangered Animals and Insects Species	Green, Rose, Orange Petal	Eco-Explorer	Earth Connections; Wildlife	Wildlife
Invasive and Native Plant Species	Green, Rose, Orange Petal	Plants	Plants and Animals; Outdoor Creativity	Plant Life
Recycled Crafts	Green Petal	Eco-Explorer	Eco Action; Making Hobbies	Eco Action
Recycling and Composting	Green, Rose Petal	Eco-Explorer, Earth is Our Home	Eco Action; Earth Connections	Planet Power; Eco Action
Healthy Eating	Red or Purple Petal	Eat Right; Stay Healthy	A Healthier You	The Food Connection
Natural Beauty	Red or Green Petal	Healthy Habits	Looking Your Best	From Fitness to Fashion
Health Issues	Red Petal		Highway to Health	Women's Health
Environmental Tips	Green Petal	Earth is Our Home	Your Outdoor Surroundings; Outdoor Fun	Eco Action
Living Green	Green, Rose, Orange Petal	Earth is Our Home	Environmental Health	Planet Power
Bird Feeders	Green Petal	Eco Explorer	Plants and Animals	All About Birds
Food Chain	Purple Petal	Make It; Eat It	Earth Connections	The Food Connection
Planting	Rose Petal	Earth is Our Home	Eco Action	Plant Life
Global Warming/Climate Change	Green, Rose, Orange Petal	Earth and Sky	Environmental Health	From Shore To Sea
Environmentally Safe Products	Green, Rose, Orange Petal	Earth is Our Home	Environmental Health	Plant Life
Animals and Our Environment	Rose Petal	Animals	Pet Care; Wildlife	Pets; Wildlife