Heavy metal toxicity: Recent observations and developments

Disclosure Statement:
Dietrich Klinghardt, MD, PhD has indicated he is a Lecturer for the Klinghardt Academy of Neurobiology.

Abstract:
The symptoms of metal toxicity cannot reliably be distinguished from toxins generated internally from molds, Lyme spirochetes and other biotoxin generating microbes. Therefore the diagnostic workup in a metal toxic client should include the search for chronic infections. It appears that the daily generation of biotoxins in affected patients overwhelms the available elimination routes, and these patients are increasingly incapable of excreting other man-made toxins, such as mercury from dental amalgam fillings, phthalates from plastics, petroleum products from cosmetics and so on. In other words, a client with an untreated and undiagnosed chronic infection will eventually also become metal toxic (which may most likely be the presenting complaint and belief of the patient). To further complicate matters, many clients with diagnosed chronic infections remain asymptomatic, often for decades, and do not become a. Genetic defects and polymorphisms of the genes which code for the enzymes of detoxification. b. Hemoyprrolactamuria (HPU). We postulate, that HPU is a condition induced by the chronic infection and should be looked for in every toxic patient. c. Chronic exposure to Electromagnetic fields (wireless, ambient fields in the home). Resolving toxicity issues in patients becomes an ever more important medical strategy. However, the goal can rarely be achieved by giving the patients chelating or complexing agents alone – a number of underlying intra- and extracellular factors have to be addressed as well in order to be successful.

Biography:
Dietrich Klinghardt MD, PhD is known for his successful treatment of chronic pain and illness. He studied medicine and psychology in Freiburg, West Germany. After graduating, he conducted three years of research on the dysfunction in autoimmune disorders at the Albert-Ludwig University in Freiburg. Dr. Klinghardt has been synthesizing traditional and alternative medicine for more than 32 years. Dr. Klinghardt studied medicine (1969-1975) and psychology (1975-1979) in Freiburg, Germany, completing his PhD on the involvement of the autonomic nervous system in autoimmune disorders. Several publications followed. Early in his career, he became interested in the sequelae of chronic toxicity (especially lead, mercury, environmental pollutants and electromagnetic fields) for the course of illness. While working in India as a junior physician, he encountered Eastern concepts of disease etiology and blended them with his Western training. This laid the foundation for his 5-level system of Integrative Medicine. After immigrating to the USA, he spent three years as a full-time emergency physician before becoming Medical Director of the Santa Fe Pain Centre. Increasingly aware of the limitations of conventional medicine when dealing with chronic conditions, he trained in Ericksonian hypnotherapy and began to include body-oriented psychotherapeutic and counselling approaches in his work, along with neural therapy, mesotherapy injection techniques and applied psychoneurobiology (psychokinesiology and mental field therapy). Since the 1970s, Dr. Klinghardt has contributed significantly to the understanding of metal toxicity and its connection with chronic infections, illness and pain. He is considered an authority on this subject and has been instrumental in advancing various fields within biological medicine - non-invasive pain management, injection techniques for pain and

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orthopaedic dysfunction, anti-ageing medicine, toxicology, paediatrics (neuro-developmental disorders), energy psychology, biological dentistry, and others. Due to his innovative contributions to Neural Therapy, Acupuncture, Homeopathy, Energy Medicine and Energy Psychology he is regularly invited to teach workshops at the prestigious "Medicine Week" in Baden-Baden, Germany. Dr. Klinghardt is the author of a groundbreaking German book on biofeedback guided psychotherapy: “Psychokinesiology – A New Approach in Psychosomatic Medicine” He currently resides in Bellevue, WA where he treats patients and teaches workshops on his healing methods. He currently offers workshops in the United States and Europe. In recognition of his work, Dr Klinghardt received the Physician of the Year award from the Global Foundation of Integrative Medicine in May 2007.

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