



Tour de Friends

TOUR DE FRIENDS

In 2002, Food & Friends in Washington, D.C., founded Tour de Friends, Inc., a non-profit organization. This charitable entity will produce the first Tour de Friends, a four-day 330 mile cycling event, benefiting three AIDS organizations, Food & Friends, Alliance of AIDS Services - Carolina, and Fan Free Clinic. Tour de Friends will provide individualized support to riders and volunteers to prepare for the event and to help them meet their fundraising goals. Tour de Friends will also work with participants and the community along the route to send a strong message that AIDS is not over until a cure is found, and support must be given to those living with HIV/AIDS. Tour de Friends, Inc., has its own staff and board of directors to oversee operations. Its goal is to produce a safe high quality event with the commitment to maximize charitable return by reaching out to the community to manage expenses. For more information or to register, visit www.tourdefriends.com.



FOOD & FRIENDS

Food & Friends is the only organization in the Washington Metropolitan area providing home-delivered meals, groceries and nutrition counseling to people living with HIV/AIDS and other life-challenging illnesses. Since 1988, Food & Friends has provided more than 4 million meals to more than 5,800 individuals. Their service area encompasses approximately 6,800 square miles including the District of Columbia and 14 counties of Maryland and Virginia. For more information on Food & Friends, visit www.foodandfriends.org.



ALLIANCE OF AIDS SERVICES - CAROLINA

Through the consolidation of three AIDS service organizations in 1999, the Alliance of AIDS Services - Carolina has become the largest AIDS service agency in the Carolinas. Alliance of AIDS Services - Carolina is one of the most effective and resourceful primary providers of care programs and services for more than 1,000 people living with HIV/AIDS while providing prevention education and awareness to thousands of North Carolinians. For more information on Alliance of AIDS Services - Carolina, visit www.aas-c.org.



FAN FREE CLINIC

Since 1970, Fan Free Clinic has provided continuous service in the Richmond area and Central Health Region as Virginia's oldest and largest free clinic. Services are provided free of charge by volunteer and paid professionals assisted by community volunteers. In 1983, services were expanded to initiate central Virginia's response to the emerging epidemic of AIDS. Fan Free Clinic is currently the community-based organization providing the largest and most comprehensive array of HIV support services in the Greater Richmond area. For more information on Fan Free Clinic, visit www.fanfreeclinic.org.